

ASHA & BACB

Ethics Code



Special Learning, Inc.
www.special-learning.com



GENERAL RECOMMENDATIONS FOR TELEHEALTH

Parent Availability Considerations:

1. Prepare parent for Telehealth via Phone Call
2. Provide a backup plan if technology fails
3. Sessions should be scheduled at a time when childcare for siblings is available
4. Schedule shorter more frequent sessions to promote ongoing support and accountability
5. Ensure parents can contact you between sessions for support when needed
6. Parent may not have the ability to effectively address current goals of treatment plan

Content Considerations:

1. Goals may need to be suspended/modified due to poor parent instructional control
2. Parents may be in crises, so current parent training protocol may require modification
3. Instructional control and behavior may deteriorate quickly if therapy is withdrawn or leaned
4. Parents may find extensive data collection challenging
5. Parent may not be able to provide direct therapy to the child for the same number of hours of intervention
6. It may be necessary to provide basic survival strategies
7. Build in accountability, with simple "homework"
8. Provide simple written instructions

General Recommendations:

1. Assist the parent in providing structure and consistently for the day
 - a. Morning routine
 - b. Consistent Mealtime/Mealtime routine
 - c. Nighttime routine
2. Schedule other activities around meals
 - a. Two outdoor activities
 - b. Involvement in chores
 - c. Use contingent response during chores and ADLs to earn reinforcers (Creatively implement therapy goals here)
3. Restrict access to reinforcers by sanitizing the environment and placing toys in a restricted area
4. Every half hour:
 - a. Interrupt reinforcement (especially screen time)
 - b. Collect current toys
 - c. Deliver instructions or teach items relative to chores
 - d. Provide new toys contingent on responses



Example: Involve one child with cups and bowls to play in sink in kitchen while conducting natural environment training while making chocolate chip pancakes. Use teach-transfer trials surrounding all aspects of the task (mands, tacts, learner responding, intraverbals, matching, motor imitation) as all aspects of task may be novel.