

Food Preference Inventory



Circle about how often your child eats at least a portion of this food (the portion is listed after the food); No = a portion of this food is never eaten; Week = at least once per week; Day = once per day, Many = more than once per day. If the child eats other foods not included here, write them in the blanks below.

Food	How often is food eaten by your child?	Is this food eaten by the family?	Food	How often is food eaten by your child?	Is this food eaten by the family?
Apple	No Week Day Many	Yes	Crackers	No Week Day Many	Yes
Apple Juice	No Week Day Many	Yes	Fruit Roll-up/ Snacks	No Week Day Many	Yes
Applesauce	No Week Day Many	Yes	Other Candy	No Week Day Many	Yes
Apricots	No Week Day Many	Yes	Pie	No Week Day Many	Yes
Avocado	No Week Day Many	Yes	Potato Chips	No Week Day Many	Yes
Banana	No Week Day Many	Yes	Pretzels	No Week Day Many	Yes
Banana Chips	No Week Day Many	Yes	Bacon	No Week Day Many	Yes
Berries	No Week Day Many	Yes	Baked Beans	No Week Day Many	Yes
Cantaloupe	No Week Day Many	Yes	Chicken	No Week Day Many	Yes
Cherries	No Week Day Many	Yes	Chicken Nugget	No Week Day Many	Yes
Cranberry Sauce	No Week Day Many	Yes	Chicken salad	No Week Day Many	Yes
Cranberry Juice	No Week Day Many	Yes	Clams/oysters	No Week Day Many	Yes
Fruit Cocktail	No Week Day Many	Yes	Crab/lobster	No Week Day Many	Yes
Grapefruit	No Week Day Many	Yes	Eggs	No Week Day Many	Yes
Grapefruit Juice	No Week Day Many	Yes	Fish	No Week Day Many	Yes
Grapes	No Week Day Many	Yes	Fish Stick	No Week Day Many	Yes
Grape Juice	No Week Day Many	Yes	Ham	No Week Day Many	Yes
Honeydew	No Week Day Many	Yes	Ham salad	No Week Day Many	Yes
Kiwi	No Week Day Many	Yes	Hamburger	No Week Day Many	Yes

Lemonade	No Week Day Many	Yes	Hot Dog	No Week Day Many	Yes
Mango	No Week Day Many	Yes	Lamb	No Week Day Many	Yes
Nectarine	No Week Day Many	Yes	Lentils	No Week Day Many	Yes
Oranges	No Week Day Many	Yes	Liver	No Week Day Many	Yes
Orange Juice	No Week Day Many	Yes	Lunchmeat	No Week Day Many	Yes
Peaches	No Week Day Many	Yes	Meatloaf	No Week Day Many	Yes
Pear	No Week Day Many	Yes	Other Beans	No Week Day Many	Yes
Pineapple	No Week Day Many	Yes	Other nuts/seeds	No Week Day Many	Yes
Plums	No Week Day Many	Yes	Peanut Butter	No Week Day Many	Yes
Prunes	No Week Day Many	Yes	Peanuts	No Week Day Many	Yes
Prune Juice	No Week Day Many	Yes	Popcorn	No Week Day Many	Yes
Strawberry	No Week Day Many	Yes	Pork	No Week Day Many	Yes
Raisins	No Week Day Many	Yes	Roast Beef	No Week Day Many	Yes
Watermelon	No Week Day Many	Yes	Sausage	No Week Day Many	Yes
American Cheese	No Week Day Many	Yes	Shrimp	No Week Day Many	Yes
Cheese Spread	No Week Day Many	Yes	Steak	No Week Day Many	Yes
Chocolate Milk	No Week Day Many	Yes	Tuna salad	No Week Day Many	Yes
Cottage Cheese	No Week Day Many	Yes	Turkey	No Week Day Many	Yes